Holbrook’s Personal, Social, Health and Economic (PSHE) curriculum is designed to encourage pupils to reflect on their own character and emotions, relationships and place in society. We provide opportunities to learn about healthy lifestyles and we equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions. PSHE connects with many other subjects.

We recognise the vital contribution of PSHE to a child’s development of the knowledge, skills and attributes they need to keep him or herself healthy and safe, and prepare for life and work in modern Britain. Our broad and rich curriculum enables aims to develop resilience, self-esteem, risk-management, team working and critical thinking. into three core themes: health and wellbeing, relationships and living in the wider world (including economic wellbeing and aspects of careers education).

To plan our curriculum, we link our work closely each term to the whole school assembly themes.

To ensure breadth across the primary years, pupils experience three core areas: health and well-being; relationships: and living in the wider world.

To promote deep learning, there is a dedicated PSHE lesson each week linked to the theme which is also developed through daily assemblies.

To provide a rich curriculum, Holbrook Primary School has determined that:

- The PSHE programme will build on the whole school assembly themes
- Sex and Relationship education will be taught to pupils in Years 5 and 6 through dedicated lessons
- All Y6 pupils will complete a Mini-medics (First Aid) course
- All pupils will have the opportunity to work with Alzheimer’s Support charity